The Forest View  September 2017

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3 Questions to Ask at Your Child’s Back-to-School Dental Visit

School will be back in session before you know it. Send your child off to class with a new bookbag, fresh pencils and a healthy smile. Some schools require a back-to-school dental exam. Still, it’s always a good time of year to schedule one of your child’s regular visits. This can help spot and take care of any issues, so your child doesn’t have to miss class once school starts. It’s also a great time to help get back on track if some of your child’s dental habits fell away during summer, when normal routines can go out the window and there are a lot more treats around.

Here are a few questions to ask at your child’s appointment:

How Is My Child’s Overall Dental Health?

The dentist will be looking at the big picture of your child’s mouth, including teeth and gums. They will check to make sure teeth are lining up correctly, your child’s bite is in good shape and to keep an eye out for any [orthodontic] issues that may show up later. We’re also making sure baby teeth are going to the Tooth Fairy like they should.

Will My Child Get a Cleaning Today?

This is a must, no matter how well your child brushes. Even if your child—or you, for that matter—brushes twice a day, it’s not possible to get rid of all the bacteria that can lead to cavities and on the other hand. That’s why a professional cleaning goes a long way. It removes more of the cavity-causing bacteria and helps to keep gum tissue healthy. It can also remove most or many stains from teeth.

Does My Child Need an X-Ray?

X-rays help your dentist see how your child’s teeth are developing and make sure the tooth roots are healthy. They also are used to see if there is any tooth decay between your child’s teeth. The decay process can move very, very fast, so the earlier it gets caught, the better. Your child won’t need an x-ray at every visit. They’re only done when necessary.

Did You Know?

People have been caring for their teeth for centuries.

The first toothbrushes were actually twigs our ancestors chewed on, using the frayed ends to cleanse their teeth? Around 5,000 B.C., the Egyptians used crushed eggshells and ground animal hooves to clean and polish their teeth. By the 1700s, a British inventor had adapted a design first seen in China – a bone handle with boar bristles inserted into small holes and secured with wire. Modern toothbrushes with nylon bristles arrived in the late 1930s, and the first electric toothbrush was introduced in 1954.
Best of the Valley

Once again it is that time of year where we have the opportunity to be voted the BEST DENTAL OFFICE in the Fox Valley!

The Post-Crescent holds an annual contest to give its readers the opportunity to vote for the best businesses in the Fox Valley from restaurants to bicycle shops, and yes, Dental Offices too!

We know that we have THE BEST PATIENTS in the Fox Valley and we are asking for your support to show that we are

BEST of the VALLEY 2017

You can vote for us by buying a newspaper on Sunday, Sept. 10th or by stopping by our office from Monday Sept 11th through Friday Sept 15th. We will have printed ballots for you to fill out.

You can also go online from your phone, tablet or computer to www.postcrescent.com/bestof and vote for us.

You can vote online once per day from Sunday September 10th through Saturday September 16th.

After you have voted online remember to email info@forestviewdental.com stating that you voted. You will get one entry for every email sent.

When you place your vote either in the office or online, you will be entered to Win 1 of 4 $50 Gas Cards!

Thank you for your support and for being part of the Forest View Dental Family!

BBQ Popcorn

Ingredients

- 1 tablespoon vegetable oil
- 1/2 cup popcorn kernels
- 1 stick butter, melted
- 2 tablespoons BBQ Seasoning
- 1/4 cup grated Parmesan
- Salt and freshly ground black pepper

BBQ Seasoning:

- 1 1/2 cups paprika
- 3/4 cup sugar
- 3 3/4 tablespoons onion powder

Directions

Put a large heavy bottomed pot over medium heat and add 1 tablespoon of vegetable oil or enough to coat the bottom of the pan. Drop a few kernels of corn in the oil to test the heat. When they begin to pop, add the rest of the corn and cover with a tight fitted lid. Shake the pan while the corn pops to keep it from burning.

Add the popcorn to a large bowl and drizzle with butter. Sprinkle with the BBQ Seasoning, and Parmesan. Season with salt and pepper, to taste, and toss thoroughly.

BBQ Seasoning:
Mix all the ingredients together in a small bowl. Can be saved in an airtight container for up to 6 months.

Eraser Tin

Supplies:

- Empty Altoid Tin
- Gesso
- Mod Podge
- Tiny Dot Stickers
- Erasers

Directions:

1. Gesso the outside of the tin.
2. Let Dry
3. Gesso the outside of the tin a second time (do this as many times as needed)
4. Let Dry
5. Place the stickers on the tin
6. Cover the tin with Mod Podge and let dry
7. Place your erasers inside the tin for safe keeping
Thank You For Your Referrals and Welcome New Patients!

Our business is built on word of mouth advertising and we’d like to thank everyone who was kind enough to recommend our services to their friends and family.

Melissa Sirstins is the Winner of the $50 New Patient Survey Drawing. Melissa became a valued member of our family this last month and we would like to welcome her publicly. We wish her and every other new member of the Forest View Family all the best!

Tyler Kalinski is the Winner of the $50 Post-Treatment Survey Drawing for taking the time to help us improve our service to everyone in the Forest View Family. Thank you for your time and your help! Also, Thank You to everyone who took the time to give us feedback on our service!

You are Awesome!

What is invisalign®?

Invisalign® is a method of straightening teeth using a series of clear, almost invisible, removable aligners. Invisalign® combines the doctor’s clinical treatment plan with a 3-D, computer-generated model of your teeth showing exactly how Invisalign® aligners will move your teeth into your desired position.

Invisalign® is a great treatment solution for adults and teenagers with fully erupted adult teeth that want to resolve crowding, close unwanted spaces or for patients who have experienced relapse from previous orthodontic treatment.

Please check out our new website at www.ForestViewDental.com for more information. Click on the Our Services section and look for Orthodontics and then Invisalign®. If you want to see if Invisalign is right for you, go to www.Invisalign.com to try a Self-Assessment!

Invisalign® Open House

October 6th, 2017
FREE Invisalign® Consultation
FREE Invisalign® Records (a $500 value)
$125 off Invisalign® Express treatment*
$250 off standard Invisalign® treatment*
FREE professional teeth whitening (a $299 value)*
***Limited to First 20 Patients to call***

Call Dr. Grotenhuis today at (920) 733-1111
to schedule your appointment and get started on your beautiful smile!

*To anyone who accepts and finances treatment on October 6th, 2017

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What’s New at the View...?

Laurie, Dr. LaSelle’s assistant, is celebrating 20 years here at Forest View Dental. Congratulations!

Dr. LaSelle attended a seminar on Advanced Cardio Life Support and was recertified. Dr. LaSelle and Dr. Grotenhuis attended a seminar with the Spencer Study Club on Advanced Temporomandibular Diagnosis. Dr. Grotenhuis also attended a seminar on Advanced Orthodontic Training in Chicago. Dr. Madson attended the 1st course in a series on Root Canal Retreatment. She also attended a seminar on Advanced Cardio Life Support and Pediatric Life Support and was recertified. Way to go Doctors!

Don’t forget about our new patient referral contest! For every new patient you refer, from now until 12/31/17, you will receive an entry into a drawing for a $500 Visa gift card along with Forest View Dental’s existing reward. Refer someone today!

Sudoku:

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