

# Cosmetic Dentistry

## What Causes Stains

Stains beneath the tooth enamel are known as **intrinsic stains**. This type of staining is commonly caused by:

- Aging
- Defects within the tooth
- Use of certain antibiotics during tooth development
- Smoking

Also, your diet can affect the brightness of your smile. The following foods and beverages often cause tooth stains:

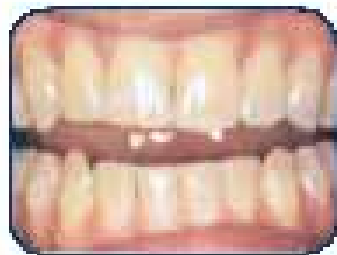
- Tobacco products
- Coffee
- Tea
- Red wine
- Colored juices
- Curry
- Soy
- Cola drinks
- Minerals in well water

## Bleaching or Whitening

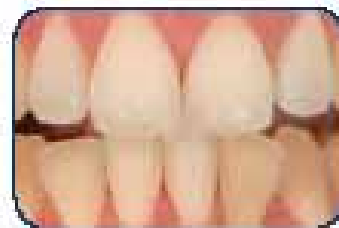
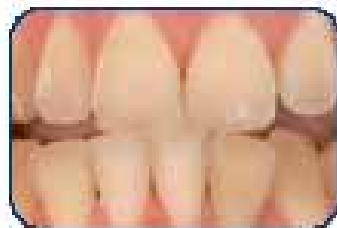
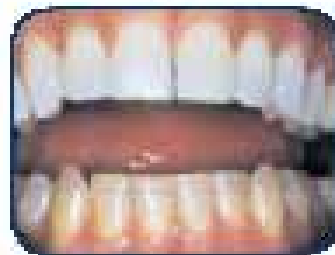
Bleaching or Whitening your teeth is a **safe, easy** and **cost effective** way to change the way you feel about your teeth. We use Carbamide Peroxide (similar to Hydrogen

Peroxide) to remove years of stain from your teeth. Ask us how to take years off of your appearance by lightening your teeth.

Before



After



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## Bonding

Tooth colored filling material is used to resurface the front teeth using a very strong adhesive. This is a very cost effective way to change the size, shape, and color

of your teeth. It does not maintain its color forever, so it needs to be replaced periodically depending upon the amount of smoking that you do or staining drinks and food that you consume.



## Veneers

With the life like qualities of porcelain, we are able to duplicate the tooth's natural appearance and have the color last for many times longer than Bonding. Once again, the veneer is a facing which adheres to the tooth with a very

strong adhesive. They are made in a laboratory and require two visits. Veneers tend to resist stain from smoking, drinking tea and coffee, and eating foods which would normally stain your teeth.



## Inlays/Onlays

Using the properties of ceramic or porcelain, life-like fillings can be made in a laboratory setting which are very strong and have excellent color stability. An inlay fits into the tooth and an onlay covers part of the outside of the

tooth (a crown covers all of the outside of the tooth). Like porcelain Veneers and Crowns, they tend to resist stain from smoking, drinking tea or coffee, and eating foods which would normally stain your teeth.

